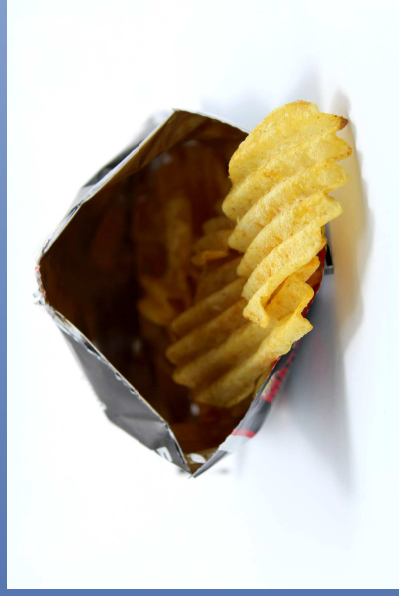


KEEP CALM
AND SPEAK
ENGLISH



Food and health: snacking



Dans ce cours tu vas revoir:

- Du vocabulaire sur la nourriture**
- Quelques proverbes anglais**
- Comment faire des comparaisons**
- Comment exprimer des quantités**

SNACK TIME

“A hungry man is an angry man...”

What do you have for snack time?

**An apple a day
keeps the doctor
away !**



Drinks

water



soda



fruit juice



A chocolate bar

a banana



Fruit

an apple



A pear



Snacks

biscuits/cookies



crisps

sweets



Now check your vocabulary!



water



fruit juice



soda



a banana



an apple



a pear



a chocolate bar



biscuits/cookies



crisps



sweets





RSSICP

C R I S P S
4

DOAS

S O D A
1 18



ABAANN

B A N A N A
6 13

CEKSOIO

C O O K I E S
16 17 14



WEART

W A T E R
5



HECTOALOC RAB

C H O C O L A T E
7

B A R



CBITSUSI

B I S C U I T S
2 10



RITFU JECIU

F R U I T
15 3

J U I C E
11 12



PERA

P E A R
8

PEALP

A P P L E
9



Y O U
1 2

M U S T N ' T
3 4 5 6

E A T
8 9 10

J U N K
11 12 13 14

F O O D !
15 16 17 18

SNACK TIME: choose a better life in the hotter days!



It's 4 pm, and you're a little hungry?



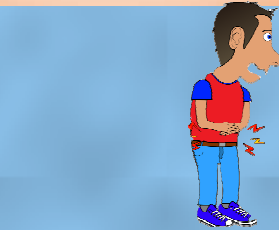
Fruit are tastier and better than biscuits!



Fruit are more colourful and better than crisps!



You're thirsty?



Soda vs juice ?



Sodas are worse for you,
They're more caloric!
Juices are lighter!



Juice vs water ?

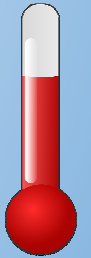
Water is the winner !
It's better and healthier!



The message of the poster

Is this a message for winter time or for spring time?

The days are **hotter** in April than in December!



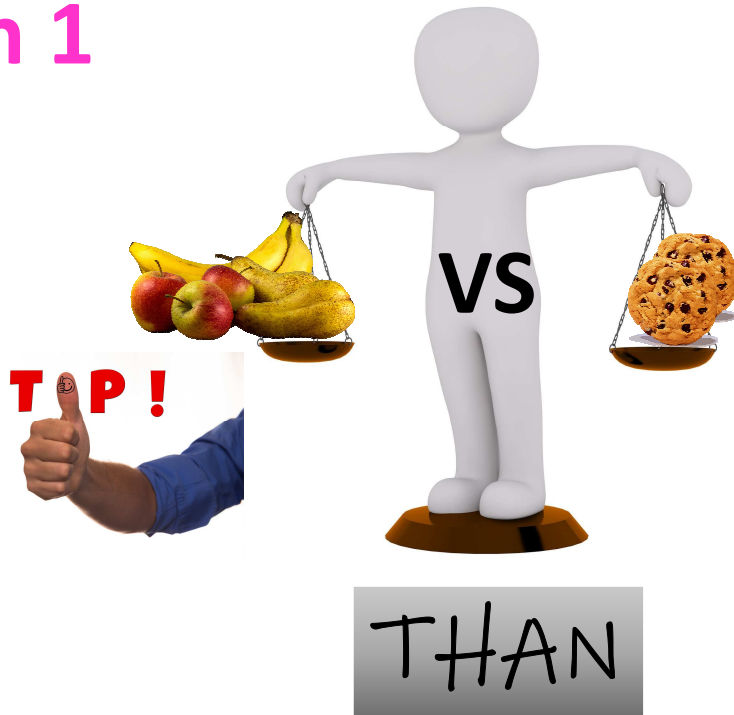
Can good snacks make your life **better** or worse?

Is junk food healthier or **more caloric**?

Matches and winners

TASTY GOOD CALORIC

Match 1



tastier Yummy!!!

better

more caloric

Matches and winners

HEALTHY

SWEET

FAT/GREASY

Match 2



healthier

sweeter

fatter = greasier

Matches and winners

CALORIC BAD LIGHT

Match 3



more caloric

worse



lighter



Matches and winners

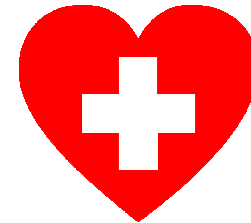
GOOD HEALTHY

Match 4



better

healthier



Comparing

Fruit are more colourful and better than crisps.

Fruit are tastier and sweeter than sweets.

Crisps are fatter and worse than fruit.

bad tasty colourful good sweet fat

Let's observe

Short adjectives

light ➡ ➡ *lighter*

big ➡ ➡ *bigger*

tasty ➡ ➡ *tastier*

Long adjectives

delicious ➡ ➡ *more delicious*

present ➡ ➡ *more present*

Exceptions ♥

good ➡ ➡ *better*

bad ➡ ➡ *worse*

Let's recap

Pour comparer deux choses (+...que):

- Regarde si l'adjectif est court, long ou irrégulier.

ADJECTIF

Court

- + ER
- Y ► **i**er
- **BiG**: 2 consonnes

Long

MORE + ADJ

Irrégulier

Par ♥

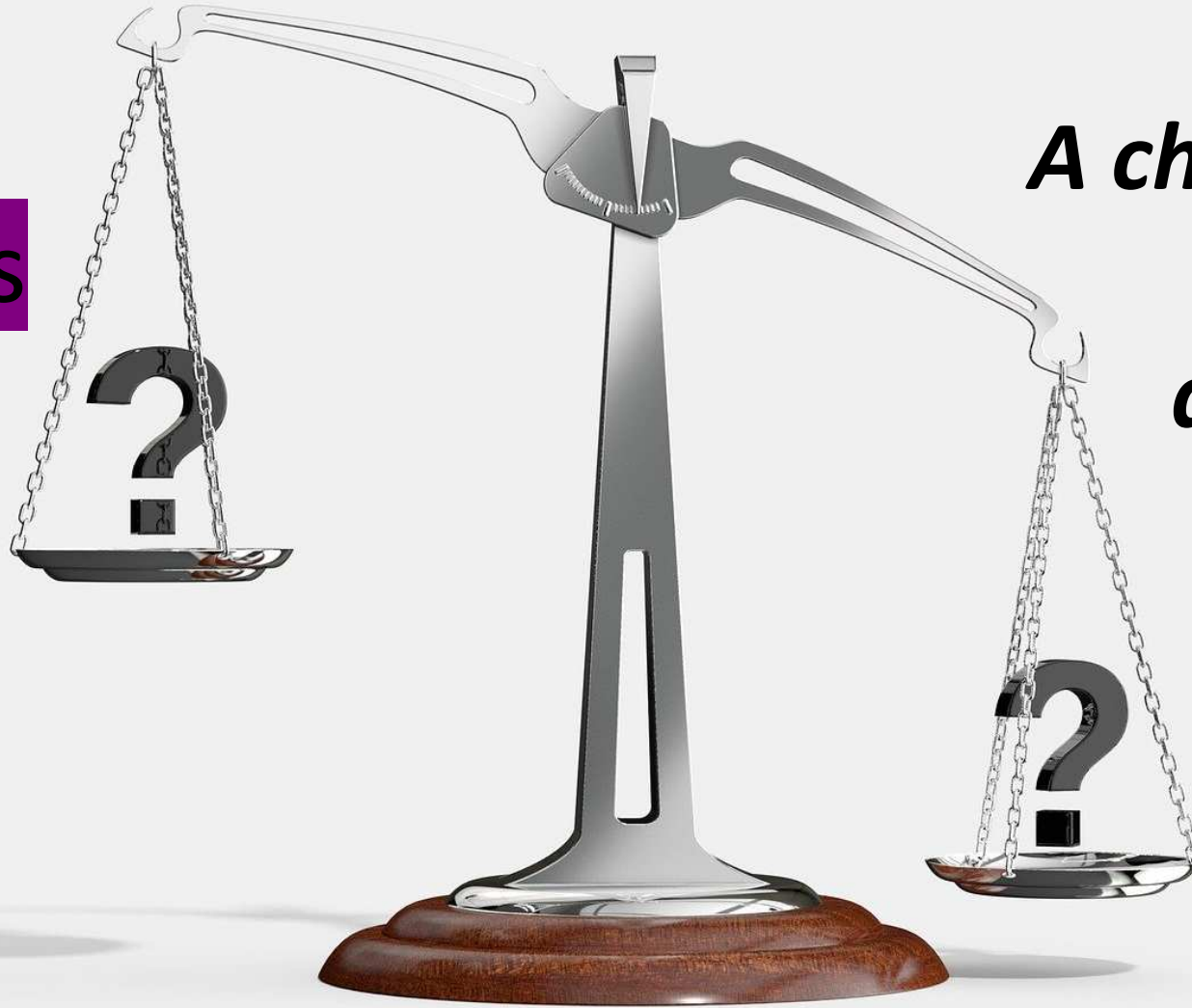
Let's practice

light

delicious

bad

caloric



***A chocolate bar
vs
an apple***

Let's practice

sugary

good

bad



sweets
vs
a pear

Let's practice

light

greasy

bad

caloric



*An orange
vs
crisps*

A visit to the dentist's



sweets / soda / crisps



chocolate bars



water biscuits fruit

"You mustn't eat any sweets and you mustn't drink any soda all day.

You can eat some biscuits for snack but brush your teeth afterwards!

You must drink some water instead of soda.

Don't eat any crisps or any chocolate bars, choose some fruit instead!"

Let's recap: parler de quantités indéfinies

- Pour dire que l'on doit ou peut en prendre:

Some + un nom dans une phrase affirmative

*You must / can eat **some** vegetables.*

- Pour dire que l'on ne doit pas en prendre.

Any + un nom dans une phrase négative

*You can't / mustn't drink **any** soda all day.*

Let's practise!

➤ Fill in the text using: « some », « any » or « no ».

*Your cat is too fat! From now on, don't give him **any** chocolate ! And he must do **some** exercise. It's really important!*

*You mustn't give him **any** sugar and he mustn't drink **any** milk all day.*

*You can give him **some** water!*

Let's go shopping!
Tell your Mum what you've got and what you haven't got.



Dans ce cours tu as appris :

- **À parler à parler du goûter**
- **À faire des comparaisons**
- **À exprimer des quantités indéfinies**
- **À manger plus équilibré!**

“Eat to live but do not live to eat!”

So, be reasonable!

So now, is comparing easier?

I hope your snacks will be healthier!

Life will be easier and funnier when we go back to school!

But, before that, you'll be more protected and safer at home!

Thank you very much, see you soon!

